

We're excited to announce the  
**13th Annual West St. Tammany**

**Greater Covington Center**  
317 North Jefferson Avenue  
Covington, LA 70433



# RED BEANS 'N' RICE COOK-OFF

**MONDAY, JULY 25, 2022 11 am - 2 pm**

United Way of  
Southeast Louisiana



*As we continue recovering from the effects of the COVID-19 pandemic, **United Way of Southeast Louisiana** needs your help now more than ever.*

Each year the Red Beans 'N' Rice Cook-Off event marks the official Kick-Off of the United Way fundraising campaign in St. Tammany parish. The funds raised at this annual event supports suicide prevention, mental health services and other United Way programs in St. Tammany parish. In recent years' funds have been granted to: NAMI St. Tammany for Mental Health First Aid training, Via Link 211, St. Tammany Parish Sheriff's Office Crisis Intervention Team Follow-Up Support, S.T.O.P.S., and Dolly Parton Imagination Library. The mission of this annual event is even more important in our community now as more households struggle to make ends meet.

**In person event is back and event SPONSORS and COOKING TEAMS are needed!** Sponsors can also enter a team at no additional cost with levels ranging from \$2,500 [Presenting Sponsors] to \$250 (details attached). All sponsors will be recognized at the event. The cost to enter a cooking team is \$75 for four team members. Camellia Brand will donate the beans. A limited number of spaces are available for teams, so return your application as soon as possible.

Sponsorship and Cooking Team registration forms are enclosed. Please send your completed form to United Way by **Thursday, June 30, 2022.**

Please make checks payable to **United Way of Southeast Louisiana** and mail to:

United Way SELA | P.O. Box 1750 | Covington, LA 70434

*Your generous gift will help support suicide prevention, mental health services, and other United Way programs serving St. Tammany Parish.*

**We hope that if you have the ability to sponsor, help us get the word out to attend, and/or purchase take-out lunch plates from our Red Beans Monday events in Covington on Monday, July 25, 2022 and in Slidell on Monday, August 1, 2022, you will.**

Sincerely,

**Kris Hines**

Mental Health  
Advocate

**Chief Kenneth Moore**

St. Tammany Fire  
District #4

**Joe Ard**

Covington  
Fire Department

**Chief Terry Stuard**

St. Tammany Fire  
District #12

**Sonja R. Newman**

United Way of  
Southeast Louisiana

If you're interested in being a sponsor or would like more information, contact Sonja Newman at [SonjaN@UnitedWaySELA.org](mailto:SonjaN@UnitedWaySELA.org) or 985.778.0815 or visit [UnitedWaySELA.org/RedBeans](http://UnitedWaySELA.org/RedBeans)